

## Medical History Questionnaire

### 1. What is your current complaint?

- Varicose veins of the legs
- Spider veins of the legs
- Recurrence of veins after previous treatment (Laser / Injections / Surgery)
- Other: .....

### 2. Which symptoms have you experienced?

- Pain in the legs
- Heaviness of the legs
- Burning sensation of the calves
- Night cramps in the legs
- Swelling of the legs
- Restlessness of the legs
- Itchiness of the legs
- Leg rash
- Other: .....

### 3. If you experience pain in your legs:

#### a. Does your pain get worse?

- With prolonged standing
- With heat
- Following exercise
- At the end of the day
- If female – before your menstrual period
- Other: .....

#### b. Does the pain get better with?

- Rest
- Leg elevation
- Compression stockings
- Medication – which one:.....
- Exercise
- Other: .....

### 4. When did your vein problems begin?

Age: .....

If female:

- After taking the Oral Contraceptive Pill
- Before pregnancy

- During pregnancy
- After pregnancy
- After menopause
- After an operation
- After trauma
- Other: .....

5. Do you have a past history of:

- Phlebitis - vein inflammation
- Deep Vein Thrombosis (DVT) – clot in a vein
- Pulmonary Embolism – clot in the lung
- Leg ulcers
- Bleeding disorder
- Easy bruising/bleeding
- Required blood thinners for any reason (Warfarin/Clexane/other)
- Other: .....

Have you had previous treatments for your veins?

- Yes
- No

If yes, what treatments have you had?

- Injections
- Surgery
- Laser
- Other: .....

When: .....

Name of treating doctor: .....

Did you have any complications? .....

Were you happy with the results? .....

6. Do you have a medical history of:

- Asthma
- Eczema
- Hayfever
- Anaphylactic shock (severe life threatening allergic reaction)
- Diabetes
- Gastric reflux/heartburn/stomach ulcers
- High blood pressure
- Seizures / Epilepsy
- Stroke
- Cancer

- Autoimmune disease (e.g. Lupus, Rheumatoid Arthritis)
- Thyroid issues
- Heart disease
- Migraine
- Hole in the heart
- HIV/AIDS
- Hepatitis (A/B/C)
- Blood transfusion
- Other: .....

7. If female – **Gynaecological** History

- How many times have you been pregnant? (please include terminations and miscarriages) .....
- How many children do you have?.....
- Are you pregnant?
- Are you planning a pregnancy soon?
- Are you currently breastfeeding?
- Have you had a hysterectomy?  
Year:.....
- Are you taking the Oral Contraceptive Pill?  
Brand:.....  
Year started:.....
- Are you on Hormone Replacement Therapy?  
Brand:.....  
Year started:.....

8. Have you had any surgeries? Please list operation name and year:

.....  
 .....  
 .....

9. Do you have a **family** history of:

- Varicose veins
- Spider veins
- Blood clots
- Bleeding disorders
- Leg ulcers
- Other: .....

10. Do you have a history of?

- Anxiety
- Panic attacks
- Claustrophobia

- Needle Phobia
- Other psychological or psychiatric issues:  
.....

11. Social history

- Marital status .....
- Do you smoke?  
If yes:
  - How many per day?.....
  - Year started.....
- Do you drink alcohol?  
If yes:
  - How many per day?.....
- Occupation .....

12. Please list all your regular medications/vitamins/puffers

.....  
 .....  
 .....  
 .....

- Are you taking iron tablets?
- Are you taking fish oil?
- Do you take aspirin or anti-inflammatory medications (Nurofen/Voltaren etc.)
- Do you take blood thinners (Anticoagulation)

13. Do you have any allergies to medications?

If yes, please list

.....  
 .....

- Are you allergic to tapes?
- Are you allergic to latex

14. Do you have any upcoming travel plans?

If yes, where and when

.....  
 .....

Thank you for filling out this questionnaire